

The ARRC LED Client Consent Form

I _____ (Client) intend to use the ARRC LED light bed for Photobiomodulation therapy (PBMt) as an alternative treatment modality, which uses LED light as a stimulatory effect and reduction of oxidative stress at the cellular level that cascades benefits to tissues, organs, and systems of the body.

I understand that the following conditions may present contraindications and preclude me from receiving LED Light Therapy Treatments. I confirm that I DO NOT have any of the following conditions.

DO NOT use the light bed with any of the following conditions:

_____ ***Epilepsy and seizure prone (stay out of room and away while machine is on)***

_____ ***Skin Cancer (melanoma)***

_____ ***Pregnancy (do not use the light bed if pregnant or plan to be in the next 8 weeks)***

_____ ***Heart Trouble (pacemaker - consult with doctor)***

_____ ***Brain injury (hemorrhage - consult with doctor and request scan)***

Please advise if you are taking any medication and initial each condition listed below that you may have. Consult with your PBMt Consultant and Doctor as necessary.

_____ Acute or Cutaneous Porphyria

_____ Diabetes (monitor blood sugar levels before and after treatments and regulate medication accordingly. We have seen blood sugar drop significantly after treatment.)

_____ Lupus Erythematosus (consult with doctor – some studies suggest LED may benefit Lupus)

_____ Thyroid Problems (cover thyroid if on medication)

_____ Photophobia

_____ Exogenous Eczema

_____ Hypomelanism

_____ Eye disease (consult with doctor about retinal abnormalities – some conditions are helped by Light Therapy)

_____ Migraines (consult with doctor - some studies suggest LED will help Migraines)

_____ Asthma (consult with doctor - some studies suggest LED will help with Asthma)

_____ Cirrhosis of the liver (consult with doctor)

_____ Taking blood thinners (consult with doctor - light bed stimulates Nitric Oxide (NO) production which increases blood flow and reduces blood pressure)

No one under 18 years of age should use this machine. You must wear proper eye protection while using the device.

Client Name	Signature	Date
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Dr. John M. Fifer D.C.	<i>Dr. John M. Fifer D.C.</i>	
PBMt Consultant	Signature	Date